

# REMARKS ON AN INEQUALITY OF ROGERS AND SHEPHARD

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ABSTRACT. A classical inequality of Rogers and Shephard states that if  $K$  is a centered convex body of volume 1 in  $\mathbb{R}^n$  then

$$1 \leq g(K, k; F) := \left( \text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp) \right)^{1/k} \leq \binom{n}{k}^{1/k} \leq \frac{cn}{k}$$

for every  $F \in G_{n,k}$ , where  $c > 0$  is an absolute constant. We show that if  $K$  is origin symmetric and isotropic then, for every  $1 \leq k \leq n-1$ , a random  $F \in G_{n,k}$  satisfies

$$c_1 L_K^{-1} \sqrt{n/k} \leq g(K, k; F) \leq c_2 \sqrt{n/k} (\log n)^2 L_K$$

with probability greater than  $1 - e^{-k}$ , where  $L_K$  is the isotropic constant of  $K$  and  $c_1, c_2 > 0$  are absolute constants.

## 1. INTRODUCTION

Let  $K$  be a convex body of volume 1 in  $\mathbb{R}^n$  with  $0 \in \text{int}(K)$ . For every  $1 \leq k \leq n-1$  and any  $F \in G_{n,k}$  we define

$$(1.1) \quad g(K, k; F) := \left( \text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp) \right)^{1/k},$$

where  $F^\perp$  denotes the orthogonal subspace of  $F$  in  $\mathbb{R}^n$ . A classical inequality of Rogers and Shephard [13] (see also Chakerian [5]) states that if  $K$  is origin symmetric then

$$(1.2) \quad 1 \leq g(K, k; F) \leq \binom{n}{k}^{1/k} \leq \frac{c_0 n}{k},$$

where  $c_0 > 0$  is an absolute constant. The right-hand side inequality holds true under the more general assumption that  $0 \in \text{int}(K)$ . On the other hand, Spingarn [15] showed that the lower bound remains valid if we assume that  $K$  is centered, i.e. that the barycenter of  $K$  is at the origin.

Both estimates are sharp: let  $\{e_1, \dots, e_n\}$  be an orthonormal basis of  $\mathbb{R}^n$  and set  $F = \text{span}\{e_1, \dots, e_k\}$ . Consider a convex body  $A \subset F$  and a convex body  $B \subset F^\perp$  with  $0 \in \text{int}(A) \cap \text{int}(B)$ . One can check that if  $K = A \times B = \{a + b : a \in A, b \in$

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$B\}$  then  $P_F(K) = A$ ,  $K \cap F^\perp = B$  and  $\text{vol}_n(K) = \text{vol}_k(A)\text{vol}_{n-k}(B)$ . On the other hand, if we consider the convex body  $K' = \text{conv}(A \cup B) = \{(1-t)a + tb : a \in A, b \in B, 0 \leq t \leq 1\}$  then  $P_F(K') = A$ ,  $K' \cap F^\perp = B$  and  $\text{vol}_n(K') = \binom{n}{k} \text{vol}_k(A)\text{vol}_{n-k}(B)$ .

Our starting point is the observation that the behavior of  $g(\mathcal{E}, k; F)$  lies “in the middle” when  $\mathcal{E}$  is an ellipsoid.

**Proposition 1.1.** *For every ellipsoid  $\mathcal{E}$  in  $\mathbb{R}^n$  and for all  $1 \leq k \leq n-1$  and  $F \in G_{n,k}$  the product  $\text{vol}_k(P_F(\mathcal{E}))\text{vol}_{n-k}(\mathcal{E} \cap F^\perp)$  is independent of the subspace  $F$ . More precisely, we have*

$$(1.3) \quad \text{vol}_k(P_F(\mathcal{E}))\text{vol}_{n-k}(\mathcal{E} \cap F^\perp) = \frac{\text{vol}_k(B_2^k)\text{vol}_{n-k}(B_2^{n-k})}{\text{vol}_n(B_2^n)} \text{vol}_n(\mathcal{E}).$$

Therefore,

$$(1.4) \quad \left(\frac{c_1 n}{k}\right)^{k/2} \text{vol}_n(\mathcal{E}) \leq \text{vol}_k(P_F(\mathcal{E}))\text{vol}_{n-k}(\mathcal{E} \cap F^\perp) \leq \left(\frac{c_2 n}{k}\right)^{k/2} \text{vol}_n(\mathcal{E}),$$

where  $c_1, c_2 > 0$  are absolute constants.

For the reader's convenience we include a proof of this observation in Section 3. Assuming that  $\text{vol}_n(\mathcal{E}) = 1$ , from Proposition 1.1 we see that

$$(1.5) \quad g(\mathcal{E}, k; F) \simeq \sqrt{n/k}$$

for all  $1 \leq k \leq n-1$  and  $F \in G_{n,k}$ . The question that we discuss in this note is if this is the typical (with respect to  $F \in G_{n,k}$ ) behavior of  $g(K, k; F)$  for any symmetric (or, more generally, centered) convex body  $K$  of volume 1 in  $\mathbb{R}^n$ . Our main result provides an (almost sharp) affirmative answer if we assume that  $K$  is in isotropic position.

**Theorem 1.2.** *Let  $K$  be an origin symmetric isotropic convex body in  $\mathbb{R}^n$ . For every  $1 \leq k \leq n-1$  a random  $F \in G_{n,k}$  satisfies*

$$(1.6) \quad c_1 L_K^{-1} \sqrt{n/k} \leq g(K, k; F) \leq c_2 \sqrt{n/k} (\log n)^2 L_K$$

with probability greater than  $1 - e^{-k}$ , where  $c_1, c_2 > 0$  are absolute constants.

Our approach is presented in Section 4 and leads to some general lower and upper bounds that might be useful for other classical positions of  $K$ , such as the minimal surface area position or minimal mean width position or John position. In Section 5 we use the additional information that one has when  $K$  is isotropic, and obtain the bounds of Theorem 1.2. The left hand side inequality in (1.6) remains valid for any isotropic convex body  $K$  in  $\mathbb{R}^n$ . For the right hand side inequality we employ a recent result of E. Milman on the mean width of origin symmetric isotropic convex bodies, see [8]; this forces the assumption of symmetry in Theorem 1.2. Background information is provided in Section 2 and in the beginning of Section 5.

## 2. NOTATION AND BACKGROUND INFORMATION

We work in  $\mathbb{R}^n$ , which is equipped with a Euclidean structure  $\langle \cdot, \cdot \rangle$ . We denote by  $\|\cdot\|_2$  the corresponding Euclidean norm, and write  $B_2^n$  for the Euclidean unit ball, and  $S^{n-1}$  for the unit sphere. The volume of an  $s$ -dimensional set  $A$  is denoted by  $\text{vol}_s(A)$ . We write  $\omega_n$  for the volume of  $B_2^n$  and  $\sigma_n$  for the rotationally invariant probability measure on  $S^{n-1}$ . The Grassmann manifold  $G_{n,k}$  of  $k$ -dimensional subspaces of  $\mathbb{R}^n$  is equipped with the Haar probability measure  $\nu_{n,k}$ . Let  $1 \leq k \leq n-1$  and  $F \in G_{n,k}$ . We write  $F^\perp$  for the orthogonal subspace of  $F$  in  $\mathbb{R}^n$ . We will denote the orthogonal projection from  $\mathbb{R}^n$  onto  $F$  by  $P_F$ . We also define  $B_F = B_2^n \cap F$  and  $S_F = S^{n-1} \cap F$ .

The letters  $c, c', c_1, c_2$  etc. denote absolute positive constants whose value may change from line to line. Whenever we write  $a \simeq b$ , we mean that there exist absolute constants  $c_1, c_2 > 0$  such that  $c_1 a \leq b \leq c_2 a$ . Similarly, if  $K, L \subseteq \mathbb{R}^n$  we will write  $K \simeq L$  if there exist absolute constants  $c_1, c_2 > 0$  such that  $c_1 K \subseteq L \subseteq c_2 K$ . We also write  $\bar{A}$  for the homothetic image of volume 1 of a convex body  $A \subseteq \mathbb{R}^n$ , i.e.  $\bar{A} := \text{vol}_n(A)^{-1/n} A$ .

A convex body is a compact convex subset  $K$  of  $\mathbb{R}^n$  with non-empty interior. We say that  $K$  is origin symmetric if  $-x \in K$  whenever  $x \in K$ . We say that  $K$  is centered if it has barycenter at the origin, i.e.  $\int_K \langle x, \theta \rangle dx = 0$  for every  $\theta \in S^{n-1}$ . The support function  $h_K : \mathbb{R}^n \rightarrow \mathbb{R}$  of  $K$  is defined by  $h_K(x) = \max\{\langle x, y \rangle : y \in K\}$ . The radius of  $K$  is defined as  $R(K) = \max\{\|x\|_2 : x \in K\}$  and, if the origin is an interior point of  $K$ , the polar body  $K^\circ$  of  $K$  is

$$(2.1) \quad K^\circ := \{y \in \mathbb{R}^n : \langle x, y \rangle \leq 1 \text{ for all } x \in K\}.$$

We will use the fact that

$$(2.2) \quad c^n \text{vol}_n(B_2^n)^2 \leq \text{vol}_n(K) \text{vol}_n(K^\circ) \leq \text{vol}_n(B_2^n)^2$$

for every centered convex body  $K$  in  $\mathbb{R}^n$ . The right-hand side inequality is the Blaschke-Santaló inequality, while the left-hand side inequality is due to Bourgain and V. Milman [3] and holds true if we just assume that  $0 \in \text{int}(K)$ .

For each  $p > -n$ ,  $p \neq 0$ , we set

$$(2.3) \quad I_p(K) := \left( \int_K \|x\|_2^p dx \right)^{1/p}$$

and for each  $-\infty < p < \infty$ ,  $p \neq 0$ , we define the  $p$ -mean width of  $K$  by

$$(2.4) \quad w_p(K) := \left( \int_{S^{n-1}} h_K^p(\theta) d\sigma_n(\theta) \right)^{1/p}.$$

From Hölder's inequality, both are increasing functions of  $p$ . The mean width of  $K$  is the quantity  $w(K) = w_1(K)$ . Note that

$$(2.5) \quad w_{-n}(K) = \left( \frac{\text{vol}_n(B_2^n)}{\text{vol}_n(K^\circ)} \right)^{\frac{1}{n}}.$$

This is immediate if we express  $\text{vol}_n(K^\circ)$  in polar coordinates. If  $K$  is an origin symmetric convex body in  $\mathbb{R}^n$  and  $\|\cdot\|_K$  is the norm induced to  $\mathbb{R}^n$  by  $K$ , we set

$$M(K) = \int_{S^{n-1}} \|x\|_K d\sigma_n(x)$$

and write  $b(K)$  for the smallest positive constant  $b$  with the property  $\|x\|_K \leq b\|x\|_2$  for all  $x \in \mathbb{R}^n$ . From V. Milman's proof of Dvoretzky's theorem (see [10]) we know that if  $k \leq cn(M(K)/b(K))^2$  then for most  $F \in G_{n,k}$  we have  $K \cap F \simeq \frac{1}{M(K)} B_F$ .

For every convex body  $K$  in  $\mathbb{R}^n$  and for every  $1 \leq k \leq n-1$  we define the normalized  $k$ -th quermassintegral of  $K$  by

$$(2.6) \quad Q_k(K) = \left( \frac{1}{\omega_k} \int_{G_{n,k}} \text{vol}_k(P_F(K)) d\nu_{n,k}(F) \right)^{1/k}.$$

Note that  $Q_1(K) = w(K)$ . From the Aleksandrov-Fenchel inequality (see [14]) it follows that  $Q_k(K)$  is a decreasing function of  $k$ . In particular,

$$(2.7) \quad \left( \int_{G_{n,k}} \text{vol}_k(P_F(K)) d\nu_{n,k}(F) \right)^{1/k} \leq \frac{c_1 w(K)}{\sqrt{k}}.$$

where  $c_1 > 0$  is an absolute constant. We refer to the books [14] and [10] for basic facts from the Brunn-Minkowski theory and the asymptotic theory of finite dimensional normed spaces.

The next two functionals will play an essential role in our argument.

(i)  *$p$ -mean projection function.* For every  $1 \leq k \leq n-1$  and for every  $p \neq 0$  we define the  $p$ -mean projection function  $W_{[k,p]}(K)$  by

$$W_{[k,p]}(K) := \left( \int_{G_{n,k}} \text{vol}_k(P_F(K))^p d\nu_{n,k}(F) \right)^{\frac{1}{kp}}.$$

We also set  $W_{[n]}(K) := \text{vol}_n(K)^{1/n}$ .

(ii)  *$p$ -mean section function.* For every  $1 \leq k \leq n-1$  and for every  $p \neq 0$  we define the  $p$ -mean section function  $\tilde{W}_{[k,p]}(K)$  by

$$\tilde{W}_{[k,p]}(K) = \left( \int_{G_{n,k}} \text{vol}_{n-k}(K \cap F^\perp)^p d\nu_{n,k}(F) \right)^{\frac{1}{kp}}.$$

The normalized dual  $k$ -th quermassintegral of  $K$  is the quantity  $\tilde{W}_{[k]}(K) := \tilde{W}_{[k,1]}(K)$ .

### 3. ELLIPSOIDS

We start with the proof of Proposition 1.1. We will use the classical fact that Steiner symmetrization transforms an ellipsoid to an ellipsoid (see for example [2]). Here we state it as a lemma and include its proof for the sake of completeness.

**Lemma 3.1.** *For every  $u \in S^{n-1}$  and for every ellipsoid  $\mathcal{E}$  the Steiner symmetral  $S_u(\mathcal{E})$  of  $\mathcal{E}$  with respect to  $u$  is an ellipsoid.*

*Proof.* Assume without loss of generality that the ellipsoid is centered at the origin. Consider a positive definite map  $T : \mathbb{R}^n \rightarrow \mathbb{R}^n$  so that

$$\mathcal{E} = \{x \in \mathbb{R}^n : \langle Tx, x \rangle \leq 1\}.$$

By the definition of Steiner symmetrization, a point  $y \in \mathbb{R}^n$  belongs to  $S_u(\mathcal{E})$  if the line  $L = \{y + \lambda u : \lambda \in \mathbb{R}\}$  intersects  $\mathcal{E}$  and

$$(3.1) \quad |\langle y, u \rangle| \leq \frac{1}{2} \text{length}(\mathcal{E} \cap L).$$

The assumption that  $L$  intersects  $\mathcal{E}$  means that there exists  $\lambda \in \mathbb{R}$  so that  $\langle T(y + \lambda u), (y + \lambda u) \rangle \leq 1$ . The left-hand side is a quadratic function of  $\lambda$ , so its discriminant is non-negative, that is

$$\langle Ty, u \rangle^2 + \langle Tu, u \rangle - \langle Tu, u \rangle \langle Ty, y \rangle \geq 0.$$

In this case the length in (3.1) equals

$$\frac{2\sqrt{\langle Ty, u \rangle^2 - \langle Tu, u \rangle (\langle Ty, y \rangle - 1)}}{\langle Tu, u \rangle}.$$

Substituting in (3.1) we get that

$$S_u(\mathcal{E}) = \left\{ y \in \mathbb{R}^n : \langle Tu, u \rangle^2 \langle y, u \rangle^2 \leq \langle Ty, u \rangle^2 - \langle Tu, u \rangle (\langle Ty, y \rangle - 1) \right\}.$$

This set is clearly an ellipsoid (it is defined by a quadratic form).  $\square$

*Note.* In fact, it is known that Lemma 3.1 characterizes ellipsoids in the following sense: if  $K$  is a convex body with the property that all its Steiner symmetrals  $S_u(K)$  are affine images of  $K$ , then  $K$  is an ellipsoid (see e.g. [7]).

**Proof of Proposition 1.1.** Assume without loss of generality that  $\mathcal{E}$  is centered at the origin. We first prove (1.3). We distinguish two cases.

*Case 1:*  $F$  is generated by the unit vectors of  $k$  semiaxes of  $\mathcal{E}$ . In this case if  $\lambda_1, \dots, \lambda_n$  are the positive lengths of the ellipsoid's semiaxes then obviously

$$\begin{aligned} \text{vol}_k(P_F(\mathcal{E})) \text{vol}_{n-k}(\mathcal{E} \cap F^\perp) &= \left( \prod_{j=1}^n \lambda_j \right) \text{vol}_k(B_2^k) \text{vol}_{n-k}(B_2^{n-k}) \\ &= \frac{\text{vol}_k(B_2^k) \text{vol}_{n-k}(B_2^{n-k})}{\text{vol}_n(B_2^n)} \text{vol}_n(\mathcal{E}). \end{aligned}$$

*Case 2:*  $F$  is any element of  $G_{n,k}$ . Let  $u_1, \dots, u_k$  be any orthonormal basis of  $F$ . We write  $\mathcal{E}' = S_{u_1}(\dots(S_{u_k}(\mathcal{E})\dots))$  for the ellipsoid obtained by successive Steiner symmetrizations of  $\mathcal{E}$  in the directions  $u_1, \dots, u_k$ . By the properties of Steiner symmetrization we have that

$$\text{vol}_k(P_F(\mathcal{E})) = \text{vol}_k(P_F(\mathcal{E}')) \quad \text{and} \quad \text{vol}_{n-k}(\mathcal{E} \cap F^\perp) = \text{vol}_{n-k}(\mathcal{E}' \cap F^\perp).$$

From Lemma 3.1 it follows that  $\mathcal{E}'$  is an ellipsoid which in addition has the same volume as  $\mathcal{E}$ . Moreover, observe that Case 1 applies now to the ellipsoid  $\mathcal{E}'$  and the

subspace  $F$ . Thus, we get

$$\begin{aligned} \text{vol}_k(P_F(\mathcal{E}))\text{vol}_{n-k}(\mathcal{E} \cap F^\perp) &= \text{vol}_k(P_F(\mathcal{E}'))\text{vol}_{n-k}(\mathcal{E}' \cap F^\perp) \\ &= \frac{\text{vol}_k(B_2^k)\text{vol}_{n-k}(B_2^{n-k})}{\text{vol}_n(B_2^n)}\text{vol}_n(\mathcal{E}') \\ &= \frac{\text{vol}_k(B_2^k)\text{vol}_{n-k}(B_2^{n-k})}{\text{vol}_n(B_2^n)}\text{vol}_n(\mathcal{E}), \end{aligned}$$

completing the proof of (1.3).

Since  $\text{vol}_n(B_2^n) = \pi^{n/2}/\Gamma(1+n/2)$  it is elementary to check that (1.4) holds true as well.  $\square$

#### 4. GENERAL BOUNDS

Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . In order to obtain a lower bound for  $g(K, k; F)$  we will estimate the expectation  $\mathbb{E}_{\nu_{n,k}} \left[ (g(K, k; F))^{-a} \right]$  for some  $a > 0$ . For any pair  $(p, q)$  of conjugate exponents, using Hölder's inequality we write

$$(4.1) \quad \begin{aligned} &\int_{G_{n,k}} \frac{1}{\text{vol}_k(P_F(K))\text{vol}_{n-k}(K \cap F^\perp)} d\nu_{n,k}(F) \\ &\leq \left( \int_{G_{n,k}} \frac{1}{\text{vol}_k(P_F(K))^p} d\nu_{n,k}(F) \right)^{1/p} \left( \int_{G_{n,k}} \frac{1}{\text{vol}_{n-k}(K \cap F^\perp)^q} d\nu_{n,k}(F) \right)^{1/q}. \end{aligned}$$

For the first integral in the right-hand side of (4.1) one may use the next lemma (from [6]) which relates it to the mixed widths of  $K$ .

**Lemma 4.1.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . Then, for every  $1 \leq k \leq n-1$  and  $p \geq 1$ ,*

$$(4.2) \quad W_{[k,-p]}(K) = \left( \int_{G_{n,k}} \text{vol}_k(P_F(K))^{-p} d\nu_{n,k}(F) \right)^{-\frac{1}{kp}} \geq c_1 \frac{w_{-kp}(K)}{\sqrt{k}},$$

where  $c_1 > 0$  is an absolute constant.

*Proof.* Using Hölder's inequality, the Blaschke-Santaló and the reverse Santaló inequality, for every  $p \geq 1$  we can write

$$\begin{aligned}
\left( \int_{G_{n,k}} \text{vol}_k(P_F(K))^{-p} d\nu_{n,k}(F) \right)^{\frac{1}{kp}} &\simeq \left( \int_{G_{n,k}} \frac{\text{vol}_k((P_F(K))^\circ)^p}{\omega_k^{2p}} d\nu_{n,k}(F) \right)^{\frac{1}{kp}} \\
&\simeq \sqrt{k} \left( \int_{G_{n,k}} \left( \int_{S_F} \frac{1}{h_{P_F(K)}^k(\theta)} d\sigma_F(\theta) \right)^p d\nu_{n,k}(F) \right)^{\frac{1}{kp}} \\
&\simeq \sqrt{k} \left( \int_{G_{n,k}} \left( \int_{S_F} \frac{1}{h_K^k(\theta)} d\sigma_F(\theta) \right)^p d\nu_{n,k}(F) \right)^{\frac{1}{kp}} \\
&\leq c\sqrt{k} \left( \int_{G_{n,k}} \int_{S_F} \frac{1}{h_K^{kp}(\theta)} d\sigma_F(\theta) d\nu_{n,k}(F) \right)^{\frac{1}{kp}} \\
&= c\sqrt{k} \left( \int_{S^{n-1}} \frac{1}{h_K^{kp}(\theta)} d\sigma(\theta) \right)^{\frac{1}{kp}} \\
&= c\sqrt{k} w_{-kp}^{-1}(K).
\end{aligned}$$

The lemma follows.  $\square$

We set  $p := n/k > 1$ . Then, from Lemma 4.1, (2.5) and (2.2) we get

$$(4.3) \quad W_{[k, -n/k]}(K) \geq \frac{w_{-n}(K)}{c_1 \sqrt{k}} \simeq \frac{1}{c_1 \sqrt{k}} \left( \frac{\text{vol}_n(B_2^n)}{\text{vol}_n(K^\circ)} \right)^{1/n} \simeq \sqrt{n/k}.$$

This gives:

**Lemma 4.2.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . Then, for every  $1 \leq k \leq n-1$ ,*

$$(4.4) \quad W_{[k, -n/k]}^{-1}(K) = \left( \int_{G_{n,k}} \text{vol}_k(P_F(K))^{-n/k} d\nu_{n,k}(F) \right)^{1/n} \leq c_2 \sqrt{k/n}$$

where  $c_2 > 0$  is an absolute constant.

Taking into account (4.1) we get the next general estimate.

**Proposition 4.3.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . For any  $1 \leq k \leq n-1$  we have*

$$(4.5) \quad \int_{G_{n,k}} \frac{1}{\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp)} d\nu_{n,k}(F) \leq \left( c_1 \sqrt{k/n} \right)^k \left( \int_{G_{n,k}} \frac{1}{\text{vol}_{n-k}(K \cap F^\perp)^{\frac{n}{n-k}}} d\nu_{n,k}(F) \right)^{\frac{n-k}{n}},$$

where  $c_1 > 0$  is an absolute constant.

We turn to the upper bound. The next proposition shows that the normalized dual quermassintegrals  $\tilde{W}_{[k]}(K)$  are strongly related to the quantities  $I_p(K)$ .

**Lemma 4.4.** *Let  $K$  be a convex body of volume 1 in  $\mathbb{R}^n$  and let  $1 \leq k \leq n-1$ . Then,*

$$(4.6) \quad \tilde{W}_{[k]}(K)I_{-k}(K) = \left( \frac{(n-k)\omega_{n-k}}{n\omega_n} \right)^{1/k} = \tilde{W}_{[k]}(\overline{B}_2^n)I_{-k}(\overline{B}_2^n).$$

Direct computation shows that  $\left( \frac{(n-k)\omega_{n-k}}{n\omega_n} \right)^{1/k} \simeq \sqrt[n]{n}$ .

*Proof.* We integrate in polar coordinates:

$$\begin{aligned} I_{-k}^{-k}(K) &= \frac{n\omega_n}{n-k} \int_{S^{n-1}} \frac{1}{\|x\|_K^{n-k}} d\sigma(x) \\ &= \frac{n\omega_n}{(n-k)\omega_{n-k}} \int_{G_{n,n-k}} \omega_{n-k} \int_{S_F} \frac{1}{\|\theta\|_{K \cap F}^{n-k}} d\sigma(\theta) d\nu_{n,n-k}(F) \\ &= \frac{n\omega_n}{(n-k)\omega_{n-k}} \int_{G_{n,n-k}} \text{vol}_{n-k}(K \cap F) d\nu_{n,n-k}(F) \\ &= \frac{n\omega_n}{(n-k)\omega_{n-k}} \int_{G_{n,k}} \text{vol}_{n-k}(K \cap F^\perp) d\nu_{n,k}(F), \end{aligned}$$

and the result follows from the definition of  $\tilde{W}_{[k]}(K)$ .  $\square$

It was proved in [12] that if  $K$  is a centered convex body of volume 1 in  $\mathbb{R}^n$  then for any  $p > -n$  we have

$$I_p(K) \geq I_p(\overline{B}_2^n).$$

One can also check that  $\tilde{W}_{[k]}(\overline{B}_2^n) \simeq 1$  for all  $1 \leq k \leq n-1$ . Then, Lemma 4.4 immediately gives:

**Lemma 4.5.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . Then, for every  $1 \leq k \leq n-1$ ,*

$$\tilde{W}_{[k]}(K) \leq \tilde{W}_{[k]}(\overline{B}_2^n) \simeq 1.$$

Now we write

$$(4.7) \quad \begin{aligned} &\int_{G_{n,k}} (\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp))^{1/2} d\nu_{n,k}(F) \\ &\leq \left( \int_{G_{n,k}} \text{vol}_k(P_F(K)) d\nu_{n,k}(F) \right)^{1/2} \left( \int_{G_{n,k}} \text{vol}_{n-k}(K \cap F^\perp) d\nu_{n,k}(F) \right)^{1/2}, \end{aligned}$$

and taking into account Lemma 4.5 we get the next general estimate.

**Proposition 4.6.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . For any  $1 \leq k \leq n-1$  we have*

$$(4.8) \quad \begin{aligned} &\int_{G_{n,k}} (\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp))^{1/2} d\nu_{n,k}(F) \\ &\leq c_2^k \left( \int_{G_{n,k}} \text{vol}_k(P_F(K)) d\nu_{n,k}(F) \right)^{1/2}, \end{aligned}$$

where  $c_2 > 0$  is an absolute constant.



Taking into account (2.7) we see that

$$(4.9) \quad \int_{G_{n,k}} (\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp))^{1/2} d\nu_{n,k}(F) \leq \left( \frac{c_3 w(K)}{\sqrt{k}} \right)^{k/2}.$$

where  $c_3 > 0$  is an absolute constant. Then, Markov's inequality implies the following.

**Proposition 4.7.** *Let  $K$  be a centered convex body of volume 1 in  $\mathbb{R}^n$ . For any  $1 \leq k \leq n-1$  we have that a random  $F \in G_{n,k}$  satisfies*

$$(4.10) \quad g(K, k; F) = (\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp))^{1/k} \leq \frac{c_4 w(K)}{\sqrt{k}}$$

with probability greater than  $1 - e^{-k}$ , where  $c_4 > 0$  is an absolute constant.

## 5. THE ISOTROPIC CASE

Recall that a convex body  $K$  in  $\mathbb{R}^n$  is called isotropic if it has volume 1, it is centered, i.e. its barycenter is at the origin, and its inertia matrix is a multiple of the identity: there exists a constant  $L_K > 0$  such that

$$(5.1) \quad \int_K \langle x, \theta \rangle^2 dx = L_K^2$$

for every  $\theta$  in the Euclidean unit sphere  $S^{n-1}$ . More generally, a log-concave probability measure  $\mu$  on  $\mathbb{R}^n$  is called isotropic if its barycenter is at the origin and its inertia matrix is the identity; in this case, the isotropic constant of  $\mu$  is defined as

$$(5.2) \quad L_\mu := \sup_{x \in \mathbb{R}^n} (f_\mu(x))^{1/n},$$

where  $f_\mu$  is the density of  $\mu$  with respect to the Lebesgue measure. Note that a centered convex body  $K$  of volume 1 in  $\mathbb{R}^n$  is isotropic if and only if the log-concave probability measure  $\mu_K$  with density  $x \mapsto L_K^n \mathbf{1}_{K/L_K}(x)$  is isotropic. The reader may find a detailed and updated exposition of the theory of isotropic log-concave measures in the book [4].

Let  $\mu$  be a probability measure on  $\mathbb{R}^n$  with density  $f_\mu$  with respect to the Lebesgue measure. For every  $1 \leq k \leq n-1$  and every  $E \in G_{n,k}$ , the marginal of  $\mu$  with respect to  $E$  is the probability measure with density

$$(5.3) \quad f_{\pi_E \mu}(x) = \int_{x+E^\perp} f_\mu(y) dy.$$

It is easily checked that if  $\mu$  is centered, isotropic or log-concave, then  $\pi_E \mu$  is also centered, isotropic or log-concave, respectively. For every log-concave probability measure  $\mu$  on  $\mathbb{R}^n$  and any  $p > 0$  we define the set  $K_p(\mu)$  as follows:

$$K_p(\mu) = \left\{ x \in \mathbb{R}^n : \int_0^\infty f_\mu(rx) r^{p-1} dr \geq \frac{f_\mu(0)}{p} \right\}.$$

The bodies  $K_p(\mu)$  were introduced by K. Ball [1] who showed that they are convex. The next proposition is a generalization of a result of Ball from the same work (see also [9], and [4] for the precise statement below); it gives a very useful expression for the volume of central sections of an isotropic convex body.

**Proposition 5.1.** *Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . We denote by  $\mu_K$  the isotropic log-concave measure with density  $L_K^n \mathbf{1}_{L_K^{-1}K}$ . Then, for every  $1 \leq k \leq n-1$  and  $F \in G_{n,k}$ , the body  $\overline{K_{k+1}}(\pi_F(\mu_K))$  satisfies*

$$(5.4) \quad \text{vol}_{n-k}(K \cap F^\perp)^{1/k} \simeq \frac{L_{\overline{K_{k+1}}(\pi_F(\mu_K))}}{L_K}.$$

Assume that  $K$  is an isotropic convex body in  $\mathbb{R}^n$ . From Proposition 5.1 we know that, for every  $1 \leq k \leq n-1$  and  $F \in G_{n,k}$ ,

$$(5.5) \quad \text{vol}_{n-k}(K \cap F^\perp)^{-1/k} \simeq \frac{L_K}{L_{\overline{K_{k+1}}(\pi_F(\mu_K))}} \leq c_2 L_K,$$

because  $L_C \geq c$  for every convex body  $C$ , where  $c > 0$  is an absolute constant (see for example Proposition 2.3.12 in [4]). Therefore, Proposition 4.3 gives

$$\begin{aligned} \int_{G_{n,k}} \frac{1}{\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp)} d\nu_{n,k}(F) &\leq \left(c_1 \sqrt{k/n}\right)^k (c_2 L_K)^k \\ &\leq (c_3 \sqrt{k/n} L_K)^k. \end{aligned}$$

From Markov's inequality we get:

**Proposition 5.2.** *Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . For every  $1 \leq k \leq n-1$ , a random  $F \in G_{n,k}$  satisfies*

$$(5.6) \quad g(K, k; F) := \left(\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp)\right)^{\frac{1}{k}} \geq \frac{c_4 \sqrt{n/k}}{L_K}$$

with probability greater than  $1 - e^{-k}$ , where  $c_4 > 0$  is an absolute constant.

For the upper bound we use (2.7) and a recent result of E. Milman [8]: if  $K$  is isotropic, and if we make the additional assumption that  $K$  is origin symmetric, then

$$w(K) \leq c_5 \sqrt{n} (\log n)^2 L_K.$$

Thus, applying directly Proposition 4.7 we get:

**Proposition 5.3.** *Let  $K$  be an origin symmetric isotropic convex body in  $\mathbb{R}^n$ . For every  $1 \leq k \leq n-1$  a random  $F \in G_{n,k}$  satisfies*

$$(5.7) \quad g(K, k; F) := \left(\text{vol}_k(P_F(K)) \text{vol}_{n-k}(K \cap F^\perp)\right)^{\frac{1}{k}} \leq c_6 \sqrt{n/k} (\log n)^2 L_K$$

with probability greater than  $1 - e^{-k}$ .

Combining Proposition 5.2 and Proposition 5.3 we obtain Theorem 1.2.

**Remark 5.4.** (i) It is known that for every isotropic convex body  $K$  in  $\mathbb{R}^n$  we can find an origin-symmetric convex body  $T$  with the property that  $L_T \simeq L_K$  (see [4, Proposition 2.5.10]): if we define a function  $f$  supported on  $K - K$  by

$$f(x) = (\mathbf{1}_K * \mathbf{1}_{-K})(x) = \int_{\mathbb{R}^n} \mathbf{1}_K(y) \mathbf{1}_{-K}(x-y) dy = \text{vol}_n(K \cap (x+K))$$

then  $f$  is an even isotropic log-concave density and one can check that  $L_f = \sqrt{2} L_K$ . It follows that the convex body  $T = \overline{K_{n+2}}(f)$  has the desired properties. From Proposition 4.6 we see that the upper bound in Theorem 1.2 remains valid for

a not necessarily symmetric isotropic convex body  $K$  and some  $1 \leq k \leq n - 1$ , provided that

$$\int_{G_{n,k}} \text{vol}_k(P_F(K)) d\nu_{n,k}(F) \leq C^k \int_{G_{n,k}} \text{vol}_k(P_F(T)) d\nu_{n,k}(F).$$

(ii) The logarithmic terms in (5.7) cannot be completely eliminated as long as the proof passes through estimates of the mean width of  $K$ . This is evident from the case of  $K = \overline{B}_1^n$ , where  $w(\overline{B}_1^n) \simeq \sqrt{n \log(1+n)}$ . However, some of these terms may not be needed. For example, if the body is in the  $\ell$ -position (see [4, Section 1.11]) then the reverse Urysohn inequality  $w(K) \leq c\sqrt{n} \log n$  and Proposition 4.7 imply that  $g(K, k; F) \leq c_6 \sqrt{n/k} \log n$  for a random  $F \in G_{n,k}$ .

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