# Rate of convergence in the central limit theorem for convex bodies

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> Samos, Greece June 2007

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## Central Limit Theorem for Convex Bodies

Let X = (X<sub>1</sub>,...,X<sub>n</sub>) be a random vector, uniformly distributed in a convex body K ⊂ ℝ<sup>n</sup>.

The dimension n is assumed very large.

▶ In some situations (e.g., *K* is the cube or the Euclidean ball) the random variable

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The gaussian approximation actually holds for all convex bodies, once we select an appropriate coordinate system.

## Central Limit Theorem for Convex Bodies

▶ Normalize the random vector  $X = (X_1, ..., X_n)$ : Assume that

$$\mathbb{E}X_i = 0, \quad \mathbb{E}X_iX_i = \delta_{i,i}.$$

We say that X is *normalized* or *isotropic*.

- ► <u>General Theorem</u>: Suppose X is an isotropic random vector, uniformly distributed in some convex body in ℝ<sup>n</sup>. Then with respect to an appropriate (or "generic") orthogonal basis,
  - ► The random variables *X*<sub>1</sub>,..., *X<sub>n</sub>* are approximately gaussian.
  - ► The random variables X<sub>1</sub>,..., X<sub>n</sub> are approximately independent in ℓ-tuples (ℓ ≤ n<sup>c</sup>).

Remarks on the above theorem:

"approximately gaussian" means, say, total variation distance:

$$\sup_{A\subset\mathbb{R}}\left|\mathbb{P}\{X_i\in A\}-\frac{1}{\sqrt{2\pi}}\int_A e^{-t^2/2}dt\right|\leq \frac{C}{n^c}$$

- "approximately independent in *l*-tuples" means that the joint distribution is close to the product of the 1D distributions.
- "generic orthogonal basis" means that a random basis  $\{v_1, \ldots, v_n\} \in O(n)$  works, with probability  $> 1 \exp(-\sqrt{n})$ .

This central limit theorem for convex bodies was explicitly conjectured by Anttila-Ball-Perissinaki '03 and Brehm-Voigt '00. Additional Contributions: Bastero, Bernués, Bobkov, Hinow, Koldobsky, Lifshits, E. and M. Meckes, E. Milman, Naor, Paouris, Romik, S. Sodin, Vogt, Wojtaszczyk and others

# Thin Spherical Shell

This *central limit theorem for convex bodies* follows from a "spherical thin shell" estimate:

 $\mathbb{P}\left(\left|\frac{|X|}{\sqrt{n}}-1\right| > \varepsilon\right) < \varepsilon$ for  $\varepsilon << 1$ . The equivalence of a "thin shell estimate" and "central limit theorems" is classical, due to Sudakov '78, Diaconis-Freedman '84, Anttila-Ball-Perissinaki '03 and others.

Its proof has two ingredients: The concentration of measure phenomenon, and Maxwell's principle, stating that marginals of the Euclidean sphere are approximately gaussian.

# Thin Spherical Shell

Thus, to prove our main theorem, it suffices to show that

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 << 1.$$

- ► First proof: An upper bound of C log n << 1. This results in weaker, logarithmic estimates in place of Cn<sup>-c</sup>.
- Another proof, by Fleury, Guédon and Paouris, yielded similar logarithmic bounds.
- Yet another proof gives a bound

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \le \frac{C}{n^c}$$

with, say,  $c \approx 1/5$ .

#### Sketch of Proof

A density function in  $\mathbb{R}^n$  is *log-concave* if it takes the form  $e^{-H}$  with  $H : \mathbb{R}^n \to (-\infty, \infty]$ , a <u>convex</u> function.

- When X is uniformly distributed in a convex set, its density is obviously log-concave.
- When X, Y are independent with log-concave densities, then also X + Y and Proj<sub>E</sub>(X) have log-concave densities (Prékopa-Leindler inequality).

**Observation:** Suppose X is an isotropic random vector, whose density f is log-concave and <u>radial</u>. Then,

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \le \frac{C}{n}$$

Explanation of the observation: The density of the real-valued random variable |X| is

$$t\mapsto t^{n-1}f(t)$$

with f log-concave.

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Such densities are necessarily very peaked:



$$t^{n-1}f(t) \leq t_0^{n-1}f(t_0)\exp\left(-Cn(t-t_0)^2\right)$$
 "

where  $t_0 \approx \sqrt{n}$  is the point where  $t \mapsto t^{n-1}f(t)$  attains its maximum.

It follows that

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \leq \frac{C}{n}$$

## Sketch of Proof

<u>Problem</u>: The density of our random vector X is assumed to be log-concave, but not at all radial.

We would like to "transform" our random vector somehow, and then to apply the result for radial & log-concave distributions.

Two simple observations:

It is enough to prove that

$$\mathbb{E}\left(\frac{|X+Y|}{\sqrt{2n}}-1\right)^2 \le \frac{1}{n^c}$$

where Y is an independent, isotropic vector (say, gaussian).

► Suppose E is a random k-dimensional subspace in R<sup>n</sup>, independent of everything. Then, with high probability,

$$|Proj_E(X+Y)| \approx \sqrt{\frac{k}{n}}|X+Y|.$$

Therefore, in order to show that |X| is concentrated, it suffices to prove that the real-valued random variable

$$|Proj_E(X+Y)|$$

is concentrated, where Y is an independent gaussian, and E an independent random subspace.

**<u>Claim</u>**: For most choices of *E*, the random vector  $Proj_E(X + Y)$  is log-concave and approximately radial.

If the claim is true, and the approximation is good enough (e.g., total-variation), then we may conclude by applying the result on radial & log-concave densities. The density of  $Proj_E(X + Y)$  is always log-concave, by Prékopa-Leindler.

• How can we show that  $Proj_E(X + Y)$  is approximately radial?

Denote by  $f_E : E \to [0, \infty)$  the density of  $Proj_E(X + Y)$ . We hope that  $\log f_E(x)$  is Lipschitz in  $E \in G_{n,k}$  and  $x \in E$ . In other words, fix  $E_0 \in G_{n,k}$  and  $x_0 \in E_0$ , and consider the map

$$M(U) = \log f_{U(E_0)}(U(x_0)) \qquad (U \in SO(n)).$$

We need to show that M is Lipschitz. Then we could use concentration inequalities.

Some analysis with log-concave densities shows that under mild assumptions, for  $U_1, U_2 \in SO(n)$ ,

$$|M(U_1) - M(U_2)| \le Ck^2 |U_1 - U_2|_{HS},$$

the Hilbert-Schmidt norm. (The power of k should be improved.)

We make an essential use of the convolution with the gaussian (i.e., X + Y in place of X). Otherwise, M would not even be finite.

<u>**Theorem</u></u>: [Gromov-Milman '83] Select random, independent, U\_1, U\_2 \in SO(n). Then,</u>** 

$$\mathbb{P}\left\{|M(U_1) - M(U_2)| \ge \varepsilon\right\} \le \exp\left(-cn\varepsilon^2/k^4\right)$$

# Tying up loose ends

If  $k \ll n^{1/4}$ , then for a random  $U \in SO(n)$ ,

$$\log f_{U(E_0)}(U(x_1)) \approx \log f_{U(E_0)}(U(x_2))$$

if  $x_1, x_2 \in E_0$  with  $|x_1| = |x_2|$ .

Consequently,  $f_E$  is typically approximately radial <u>pointwise</u>, and hence also in total-variation.

This finishes the proof (up to details). We obtain

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \approx Var\left(\frac{|X|}{\sqrt{n}}\right) \leq \frac{C}{n^c}.$$

Optimal exponents are still unknown in general.

#### Unconditional Convex Bodies

Consider an isotropic random vector X, with a log-concave density f, such that

$$f(x_1,\ldots,x_n)=f(|x_1|,\ldots,|x_n|) \qquad (x_1,\ldots,x_n)\in\mathbb{R}^n,$$

i.e., unconditional densities. Then we can prove

$$\mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \leq \frac{C}{n}$$

the optimal estimate. The methods are completely different.

For simplicity, assume that X is uniform in a convex body K ⊂ ℝ<sup>n</sup>. Let ρ : ℝ<sup>n</sup> → ℝ be a convex function with

$$K = \{ x \in \mathbb{R}^n; \rho(x) \le 1 \}.$$

#### Hörmander's Formula

**Proposition:** ["Hörmander's Formula"] For any smooth function  $u: K \to \mathbb{R}$  with  $\partial_n u = 0$  on  $\partial K$ ,

$$\int_{\mathcal{K}} (\triangle u)^2 = \int_{\mathcal{K}} |\nabla^2 u|_{HS}^2 + \int_{\partial \mathcal{K}} \nabla^2 \rho(\nabla u, \nabla u).$$

Since K is convex, then:

$$\int_{\mathcal{K}} (\triangle u)^2 \geq \int_{\mathcal{K}} |\nabla^2 u|^2_{HS} = \sum_{i=1}^n \int_{\mathcal{K}} |\nabla \partial^i u|^2.$$

• We dualize, and get that for any function  $f: K \to \mathbb{R}$ ,

$$\int_{K} f = 0 \quad \Rightarrow \quad \int_{K} f^{2} \leq \sum_{i=1}^{n} \|\partial^{i} f\|_{H^{-1}(K)}^{2},$$
  
where  $\|v\|_{H^{-1}(K)} = \sup \left\{ \int_{K} uv; \int_{K} |\nabla u|^{2} \leq 1 \right\}.$ 

For a given function f, how can we compute

$$\|f\|_{H^{-1}(\mathcal{K})} = \sup\left\{\int_{\mathcal{K}} fu; \int_{\mathcal{K}} |\nabla u|^2 \leq 1\right\}?$$

• The  $H^{-1}(K)$ -norm of f makes sense only when  $\int_K f = 0$ .

Denote by  $\lambda$  the restriction of the Lebesgue measure to K. **Proposition:** [Brenier '87, Villani '02] When  $\int_{K} f = 0$ ,

$$\|f\|_{H^{-1}(\mathcal{K})} \leq \liminf_{\varepsilon \to 0^+} \frac{W_2(\lambda, (1+\varepsilon f)\lambda)}{\varepsilon},$$

where  $W_2$  is the  $L^2$ -Wasserstein distance between the measures. (Actually, up to some technicalities, it's an equality)

• Recall that for two measures  $\mu$  and  $\nu$  on  $\mathbb{R}^n$ ,

$$W_2^2(\mu,\nu) = \inf_{\gamma} \int_{\mathbb{R}^n \times \mathbb{R}^n} |x-y|^2 d\gamma(x,y)$$

where the infimum runs over all couplings  $\gamma$  of  $\mu$  and  $\nu$ : That is, measures on  $\mathbb{R}^n \times \mathbb{R}^n$  whose corresponding marginals are  $\mu$  and  $\nu$ .

▶ To summarize: For any function  $f : K \to \mathbb{R}$  with  $\int_K f = 0$ ,

$$\int_{\mathcal{K}} f^2 \leq \sum_{i=1}^n \|\partial^i f\|_{H^{-1}(\mathcal{K})}^2 \leq \sum_{i=1}^n \liminf_{\varepsilon \to 0^+} \frac{W_2^2\left(\lambda, (1+\varepsilon \partial^i f)\lambda\right)}{\varepsilon^2}.$$

#### Unconditional Convex Bodies

• Consider the function  $f(x) = |x|^2 - n$ . Then,

$$\int_{\mathcal{K}} \left( |x|^2 - n \right)^2 dx \leq \sum_{i=1}^n \liminf_{\varepsilon \to 0^+} \frac{W_2^2 \left( \lambda, (1 + 2\varepsilon x_i) \lambda \right)}{\varepsilon^2}.$$

▶ When K is unconditional, direct analysis shows that

$$\frac{1}{\operatorname{Vol}_n(K)}\liminf_{\varepsilon\to 0^+}\frac{W_2^2\left(\lambda,(1+2\varepsilon x_i)\lambda\right)}{\varepsilon^2}\leq \frac{8}{3}\mathbb{E}X_i^4\leq 16,$$

where X is the isotropic random vector, uniform in K. Hence,

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$$\mathbb{E}\left(|X|^2-n\right)^2 \leq 16n \qquad \Longrightarrow \qquad \mathbb{E}\left(\frac{|X|}{\sqrt{n}}-1\right)^2 \leq \frac{C}{n}$$



Thank you!

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